

LDL (120>77), Cholesterol (197>159), HDL (65>70)

PAN, DANDAN
 Scheduled Actual
 MRN: 608644209 DOB: [REDACTED] 41Y

01/22/2010 0826 0831 25-OH VITAMIN D 18.51 ng/mL (30-80) Com

01/22/2010 0826 0831 URINALYSIS SCREEN Ancillary #: F52086 Com

CLARITY: Hazy
 SPECIFIC GRA: 1.019
 URINE PH: 7.0
 PROTEIN-URIN: Negative
 GLUCOSE-URIN: Negative
 KETONES-URIN: Negative
 BILIRUBIN UR: Negative
 BLOOD-URINE: Small
 NITRITES-URI: Negative
 UROBILINOGEN: 0.2
 LEUKOCYTE ES: Negative

01/22/2010 0826 0831 URINALYSIS MICRO Ancillary #: F52086 Com

CASTS: None
 CRYSTALS: None
 WBC-URINE: 0-2
 RBC-URINE: 6-10
 EPITHELIAL: None
 BACTERIA: None
 MUCUS-URINE: None
 OTHER, URINE: None

01/22/2010 0826 0831 CBC SCREEN W/ ANCD Ancillary #: F52084 Com

WBC 4.4 L K/mcL (4.5-11.0) RBC 4.41 M/mcL (4.0-5.2)
 HGB 12.9 g/dL (12.0-16.0) HCT 38.2 % (36-46)
 MCV 86.6 fl (80-100) MCH 29.2 pg (26-34)
 MCHC 33.7 g/dL (31-36) RDW 13.4 % (10.5-13.5)
 PLT 273 K/mcL (150-450) NEU % 51.9 % (44-70)
 LYM % 36.0 % (25-46) MONO % 4.3 % (1-12)
 EOS % 6.7 % (0-8) BASO % 1.1 % (0-2)
 NEU # 2.3 K/mcL (1.8-7.7) LYM # 1.6 K/mcL (1.0-5.0)
 MONO # 0.2 K/mcL (0-0.8) EOS # 0.3 K/mcL (0-0.5)
 BASO # 0.1 K/mcL (0-0.2) NRBC/100 WBC 0.0 /100

01/22/2010 0826 0831 LIPID EVALUATION Ancillary #: F52084 Com

PANEL SMPL: FASTING
 CHOL 197 mg/dL
 HDL CHOLEST 65 mg/dL (30-85)
 TRIG 59 mg/dL
 LDL BY CALC 120 mg/dL (200)

Quest - Lab - General Lab

Specimen #: EN049011R Report Status: Final results

Patient Information:

Name: Pan, Dandan PatientID: 1226 Sex: Female DOB: [REDACTED]
 Address: Phone #: SSN:

Date of Specimen: 12/09/2011 08:15:00 Date Received: 12/10/2011 01:49:00 Specimen Source: PATIENT COPY
 Date Reported: 12/12/2011 02:37:00 Physician: WOLFGANG, LAURA A Information:

Test Name	Result	Flags	Reference Range	Lab
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LIPID PANEL

CHOLESTEROL, TOTAL

CHOLESTEROL, TOTAL 159 mg/dL 125-200 mg/dL EN

LIPID PANEL

HDL CHOLESTEROL

HDL CHOLESTEROL 70 mg/dL > OR = 46 mg/dL EN

LIPID PANEL

TRIGLYCERIDES

TRIGLYCERIDES 60 mg/dL <150 mg/dL EN

LIPID PANEL

LDL-CHOLESTEROL

LDL-CHOLESTEROL 77 mg/dL (calc) <130 mg/dL (calc) EN

Desirable range <100 mg/dL for patients with CHD or diabetes and <70 mg/dL for diabetic patients with known heart disease.

Dandan

PATIENT COPY

Bone Density improvement from (2006 to 2011) (Bone Mass Density from 0.936 to 1.009)

Scripps Clinic
10666 N Torrey Pines Road
La Jolla CA 92037

Patient: PAN, DANDAN Patient ID: 000047206
 Birth Date: 36.6 years Referring Physician: JEFFREY APPLESTEIN, MD
 Height / Weight: 64.0 in. 116.0 lbs. Measured: 10/20/2006 2:40:15 PM (10.50)
 Sex / Ethnicity: Female Asian Analyzed: 10/20/2006 2:40:17 PM (10.50)

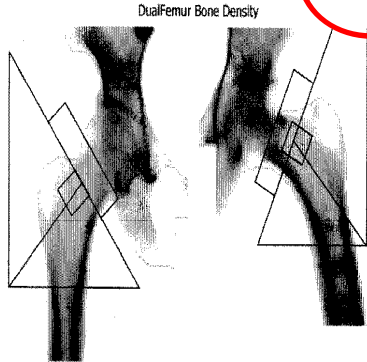
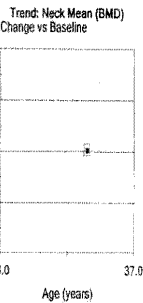
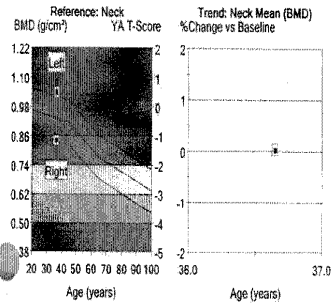


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Region	BMD (g/cm ²)	Young-Adult T-Score	Age-Matched Z-Score
Neck			
Left	1.035	0.5	0.9
Right	0.837	-1.2	-0.8
Mean	0.936	-0.4	0.1
Difference	0.198	1.6	1.6

Measured Date	Age (years)	BMD (g/cm ²)	Change vs Baseline (%)	Baseline (%)
10/20/2006	36.6	0.936	baseline	baseline

SAN DIEGO ARTHRITIS MEDICAL CLINIC
3633 CAMINO DEL RIO SOUTH SUITE 300, SAN DIEGO, CA 92108
MICHAEL I. KELLER, M.D.

Telephone: 619.287.9730

Fax: 619.287.4516

Name: PAN, DANDAN
Patient ID: 031774
DOB: [redacted]

Sex: Female
Ethnicity: Asian

Height: 63.0 in
Weight: 120.0 lb
Age: 41

Referring Physician: DR. LOWERY

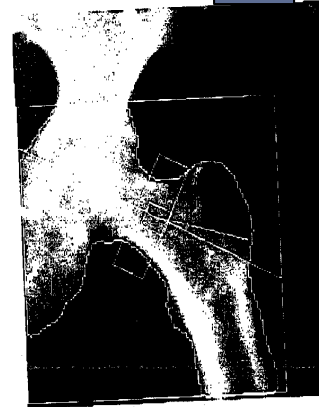


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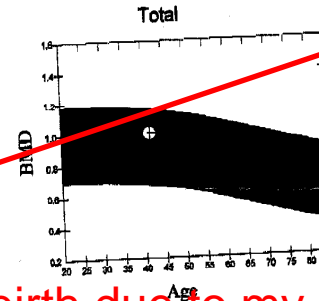
Scan Information:

Scan Date: October 05, 2011 ID: A10051109
 Scan Type: Left Hip
 Analysis: October 05, 2011 10:59 Version 11.2
 Left Hip
 Operator: JW
 Model: Delphi W (S/N 70096)
 Comment:

DXA Results Summary:

Region	Area (cm ²)	BMC (g)	BMD (g/cm ²)	T-Score	Z-Score
Neck	4.33	3.33	0.768	-0.7	-0.4
Troch	7.88	4.74	0.601	-1.0	-0.9
Inter	21.74	26.20	1.205	0.7	0.8
Total	33.95	34.27	1.009	0.6	0.8
Ward's	1.12	0.74	0.657	-0.7	0.0

Total BMD CV 1.0%
WHO Classification: Normal
Fracture Risk: Not increased



Physician's Comment:

I suffer from a severe bone disease since birth due to my mother's mal nutrition during her pregnancy. The disease is called Osteogenesis Impefecta (ww.oif.org)

Result of Low Glycemic Index Food Diet and Regular Exercise
Lost 35 Lb over 2.5 months and able to maintain since then

2004

6 years Later >>>>>

2010

